

This is associated with the Archangels and Angel Numbers Workshop

Archangels are non-gender and non-denominational. Everyone has a guardian angel and spiritual team that works with them from the time they are born. You have access to your team at all times through meditation, staying grounded and listening to yourself in a calm state. This also gives you the ability to raise your frequency and allow your guides to help. If you are living in a low vibrational state (fear, worry, grief, survival mode and guilt) you will not hear the guidance that is available to you. Instead, hearing your own thoughts that are creating more suffering in your life.

Archangel Michael (he who is like God) - the angel of protection. Governs the South corner and the element of fire. Archangel Michael is the archangel that is closest to the image of God, representing father and any wounds around father. This archangel works with any healing that is needed with personal confidence, letting go of fear and self-esteem. Archangel Michael helps clear all fear-based energies and entities. This archangel has an army of angels that can be sent for added support and protection. Archangel Michael is associated with the Throat Chakra (the mouth of God), and with a deep purple/blue colour and energy that coats your aura with the vibration of safety and protection.

Archangel Raphael (God heals) - the angel of healing, travel (including astral travel), health, exercise, and vitality. Governs the East corner and the element of air. Archangel Raphael helps clear out toxins from within the body and helps addicts/addictions. Archangel Raphael's colour is green and is associated with the Heart Chakra. Archangel Raphael attunes to the vibration of bringing in self-love and self-worth.

Archangel Gabriel (strength of God) - the angel of music, compassion, communication, children, fertility, and nutriment. Governs the West corner and the element of water. Call on Archangel Gabriel when you want to be creative or simply create. Also call on Archangel Gabriel when you want to be understood and for conflict resolution. The color associated with this archangel is yellow. When Archangel Gabriel cocoons you in its white light, the vibration relaxes your nervous system and teaches you to take time to rest and give yourself selfcare. Archangel Gabriel can also be associated with the Sacral Chakra.

Archangel Uriel (light of God) - the angel of wisdom. Archangel Uriel governs the third eye chakra. Governs the North corner and the element of earth. When feeling inspired, and receiving information or insights, that is Archangel Uriel communicating to you. Archangel Uriel also governs gratitude and appreciation for your purpose in life - guiding you. Archangel Uriel works with and heightens your intuition, and also helps build inner trust. When Archangel Uriel's energy shows up it cocoons you in the color red and keeps you grounded. Archangel Uriel is also associated with the Solar Plexus.

Archangel Metatron (highest of the angels - twin of Archangel Sandalphon) - the angel of sacred geometry. This Archangel had a human experience and as a result, highly relates to humanity. Archangel Metatron has the ability to truly connect with and understand the suffering

of humanity. This archangel helps with stress, discipline, motivation, organization, and time management. Call on Archangel Metatron when you want your frequency to be elevated. This archangel helps redirect your focus to your personal life, helping you achieve the boundaries that you need, keeping your energy for your own personal development in your day-to-day experiences. Since Archangel Metatron is associated with sacred geometry, it works with all the Chakras and helps keep them clear, operating at their highest levels and in alignment.

Archangel Ariel (lioness of God) - the angel of protection of animals and nature. Archangel Ariel pushes you to step into your personal power, your feminine energy, and attunes you to your emotions. Archangel Ariel also helps you step into your authenticity. This archangel heals animals. Archangel Ariel has a very direct energy and comes off as a mother authority figure. This archangel builds inner strength and confidence. Archangel Ariel governs both the Solar Plexus and Root Chakras. The aura colour is light pink.

Archangel Azrael (whom God helps) - governs the afterlife. This archangel is referred to as the angel of death and helps heal grievances, specifically in the heart. If you lost someone, call on Archangel Azrael to help you with this or any grievances and to heal your heart. This archangel helps guide deceased loved ones to the light. Mediums connect with this archangel's energy when he/she is conducting client sessions to provide communication between life and death. Archangel Azrael reminds us there is life after death, and offers a lot of compassion and wisdom. When calling on Archangel Azrael, the energy is calm, comforting, patient, and understanding. Archangel Azrael's aura colour is a vanilla cream and is not associated with a Chakra.

Archangel Chamuel (he who sees God) - the angel of love and compassion. Archangel Chamuel helps attract your soulmate connection - life partner and friendships. This archangel attracts positive outcomes in your life. Archangel Chamuel connects with the metaphysical world, helping you attract the right healers in your life. This archangel helps protect you from those with ill intentions, helping remove it from your mental, emotional and physical space. Calling on Archangel Chamuel surrounds your aura with compassion for humanity and the world. This archangel helps you become enlightened with worldly events, guiding you to better outcomes. Archangel Chamuel has a soft pink aura and is associated with the Upper Heart Chakra.

Archangel Haniel (grace of God) - the angel of wisdom and knowledge. This archangel guides you toward spiritual awakening, heightening your psychic abilities and spiritual talents, and healing arts. Archangel Haniel works directly with the moon, awakening the divine goddess energy in you. This archangel helps with your lessons and expansion, teaching your soul as well as, revealing the truth of your soul. When you call on Archangel Haniel's energy, it feels like a graceful soothing presence. Archangel Haniel helps you with patience and understanding. Archangel Haniel has a light blue aura and is associated with the Throat/Third Eye Chakras.

Archangel Jeremiel (mercy of God) - the angel of conflict resolution. This archangel governs hope, and helps you learn from your mistakes. Archangel Jeremiel helps you see perspectives

by stepping into other people's perspectives, aiding you in becoming aware of the light in the situation. Call on Archangel Jeremiel when you want clarity in your dreams and visions. As well, this archangel helps if you want to heal from a subconscious perspective by teaching you the things that you are unaware of. Archangel Jeremiel is associated with the colour turquoise and the Third Eye Chakra.

Archangel Jophiel (beauty of God) - the angel of inner beauty. This archangel helps us when we feel the most insecure. Archangel Jophiel helps with building our inner perception of beauty which will then attract the external perception of beauty. This archangel helps with body dysmorphia and physical rejections of self. Archangel Jophiel teaches kindness and softness towards ourselves, as well as, slowing down and paying attention to being enough. This archangel teaches us to give and receive, and as a result, create balance. Archangel Jophiel governs boundaries, helping you understand limits - what you will and will not tolerate from individuals around you. When calling on Archangel Jophiel's energy a soft and gentle energy surrounds you. The aura colour associated with this archangel is yellow and governs the Solar Plexus Chakra.

Archangel Raguel (friend of God) - angel of justice. This archangel helps you find truth and honesty in yourself and in others. Call on Archangel Raguel when you have a legal matter. This archangel provides logic and unbiasedness. Also, helps you stand in your truth, honour your truth and live your truth. Archangel Raguel will help you achieve success. This archangel has a soft blue aura energy, and when called upon, provides a feeling of empowerment and a knowing of what is right for you. Archangel Raguel is associated with the Throat Chakra.

Archangel Raziel (secrets of God) - angel of knowing what is right and always has an answer. This archangel helps bridge the gap between you and the archangels. The most knowledgeable of all the archangels, and works closely with the akashic records. Archangel Raziel provides knowledge around universal truth and multiple dimensions. This archangel teaches you to be introspective and to seek inner wisdom within you. Archangel Raziel's rainbow aura energy cocoons your aura with inner insight and the oneness of the universe. The Chakra associated with this archangel is the Third Eye.

Archangel Sandalphon (highest of the angels - twin of Archangel Metatron) - angel of prayer and connection. This archangel connects you to the tree of life (Garden of Eden). This archangel's energy is powerful because it gives your prayers a voice and allows them to come to light. The angel of manifestations. Archangel Sandalphon will help you set the appropriate intentions to help you create the best possible outcomes for your creations. This archangel helps you become an observer of your life, listen to your surroundings, and understand your subconscious. Calling on Archangel Sandalphon's energy feels like you are being heard and valued. Archangel Sandalphon is associated with the Root Chakra, and has a turquoise colour aura.

Archangel Zadkiel (the righteousness of God) - angel of forgiveness. This archangel helps us reflect on our past and present and heal our shame. Archangel Zadkiel helps us confront our

inner child wounds and reminds us of how precious life is. This archangel's energy is gentle when it surrounds you, helping you calm your nervous system, realign towards forgiving yourself and others. Archangel Zadkiel surrounds your aura with the colour purple, and is associated with the Crown Chakra.

## ANGEL NUMBERS

1111- Set your intentions and know with conviction that you will create and manifest what you truly desire. These numbers are all about making things happen at a very rapid pace. Be sure you know what you truly need and allow it to show up. If you are unsure, monitor your thoughts, clean them up and then set your intention. Never set an intention from a place of lack or fear, you will continue to attract lack. This number is a universal truth.

111- New beginnings are here. They may feel like they are out of your comfort zone but trust that this is what you need right now and this is where the new chapter begins. You have released some anger and resistance.

222- Keep the faith. You are heading in the right direction but you need to focus your energy on self-care. Your vibration is not at its highest and by taking care of yourself you have the ability to attract better outcomes.

333- This is an Ascended Mastery number. Healers and intuitives see these numbers as an indication that it is time to share your gifts with your community, and to help those who are in need. This sequence has been associated with many Ascended Masters such as Jesus.

444- Angels are surrounding and supporting you. When you see these numbers, this is an indication that the universe is working with you, is supporting you and you are in alignment.

555- There are a lot of changes happening but they are all directing you on what you need the most in your life. When you see these numbers, be open to new opportunities and help. These changes are good and here to help you grow.

666- If you see this sequence, it is an indication that you are living in negativity, worry, fear, shame and in your addictions. You need to create a plan to make big changes in your life including the way you think, feel and are. Only you can change to make your life better.

777- Things are flowing and you are on the right path. Do not stop. This is exactly what you need to be working on and moving towards. Life is beautiful and wants to show you what it has in store for you!

888- This sequence is associated with abundance. When these numbers show up, it's a huge indicator that your investments are doing great, and money is coming your way.

999- The ending of a pattern or cycle in your life. You have mastered and learned this and now are connecting to the opposite spectrum of this lesson. These are bigger and better outcomes because you have put in the work.